



## Basil Apple Lime Juice

2.5 ounces fresh basil, both leaves and stems

1/2 lime, peeled (you can leave the peel on if using organic limes)

2 sweet apples such as Gala, cored

Wash all of your produce. Quarter the apples so the pieces will fit through your juicer.

Wrap pieces of the basil around the fruit and juice everything into a glass. Serve immediately!

Makes one 6-ounce serving.

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